

SunSmart Outdoor Worker Event

SAVE THE DATE **Wednesday 13th March 2024**

SunSmart for Outdoor Workers

'Why integrating UV protection into workplace practice is important' an in person event

A National Cancer Control Programme event for outdoor worker organisations

Visit www.hse.ie/sunsmart to register

Brought to you by:



Time: 11am to 1pm
Venue: NCCP, 3rd Floor, Kings Inn House, 200 Parnell St, Dublin 1, D01 A3Y8

Why integrating UV protection into workplace practice is important' an in person event on Wednesday 13th March 2024, 11am-1pm #SunSmartOutdoorWorkers

Contents

Background.....	2
The objective for the event is to:.....	2
Event details.....	2
How you can support this event.....	3
Re-sharing.....	3
Sample social media messages for your use.....	4
Information materials.....	4



Background

Outdoor workers are exposed routinely to high levels of UV radiation that can cause skin cancer. Outdoor workers can be exposed to between 2-3 times more UV radiation than indoor workers putting them at increased risk¹. Research has highlighted that employers that adopt comprehensive approaches to occupational sun protection for their employees such as administrative policies, environmental controls, provide personal protective equipment (PPE) and employee education could be an effective way to increase outdoor workers use of sun protection and in turn reduce skin cancer rates in the outdoor worker industry².

The objective for the event is to:

- Highlight the importance of UV protection in the workplace for outdoor workers.
- Educate employers and employees of the importance of multi-component approaches to UV protection in the workplace.
- Provide real life examples of the most effective and time efficient approaches to integrating safe UV practices into workplaces and provide best practice insights into how sustained change can be achieved.

Event details

Location	Conference room 1 & 2, NCCP offices, 3 rd floor, King's Inns House, Parnell St, Dublin 1, DO1 A3Y8
Date/time:	Wednesday 13 th March 2024, 11am - 1pm

¹ CAREX Canada. (n.d). Occupational Exposure Estimate for Solar UV Radiation.

https://www.carexcanada.ca/profile/uv_radiation_solar-occupational-exposures/

² Peters, C. E., Koehoorn, M. W., Demers, P. A., Nicol, A. M., & Kalia, S. (2016). Outdoor Workers' Use of Sun Protection at Work and Leisure. *Safety and health at work*, 7(3), 208–212.

<https://doi.org/10.1016/j.shaw.2016.01.006>

Title	Why integrating UV protection into workplace practice is important
Agenda	<p>Dr Breeda Neville, Specialist Public Health Medicine, NCCP: Overview of event</p> <p>Maria McEnery and Barbara McGrogan, NCCP: Overview of work of the National Skin Cancer Prevention Plan among outdoor workers</p> <p>Biddy O'Neill, National Policy Lead, Health and Wellbeing, Dept of Health: Overview of the Healthy Workplace Framework</p> <p>Dr. Blathin Moriarty, Consultant Dermatologist: Outdoor workers exposure to UV radiation and skin cancer</p> <p>Martin Gillick's skin cancer story</p> <p>Helen Hourihane, Health and Safety Authority: Overview of legislation in relation to risk to health relating to exposure to radiation</p> <p>An Post and Irish Rail case studies on integrating UV protection into workplace practice for outdoor workers</p> <p>Panel discussion</p> <p>Close</p>
Audience	Outdoor worker organisations and those working with outdoor workers
Registration link	Link available at www.hse.ie/sunsmart or click this link to register https://form.jotform.com/240454829791365 .

How you can support this event

We welcome you supporting the promotion of this event through your newsletters and internal communication. You can also share via your social media channels using #SunSmartOutdoorWorkers. Promote the event with your networks.

Re-sharing

Content on our social media channels listed below for you to re-share.

Twitter handles: @HSELive @hseNCCP



Sample social media messages for your use

Register for the NCCP's free in person event on 'Why integrating UV protection into workplace practice is important' on Wednesday 13th March from 11:00 am to 1:00 pm. Visit www.hse.ie/sunsmart to secure your spot. #SunSmartOutdoorWorker

Outdoor workers are exposed to 2-3 times more UV rays from the sun than people who work indoors. Learn about how to adopt comprehensive approaches to occupational sun protection for employees. Visit www.hse.ie/sunsmart #SunSmartOutdoorWorker

Working outdoors is an everyday part of life for many people. It is important to take steps to protect skin from the sun to reduce skin cancer risk. Learn more at the #SunSmartOutdoorWorker in person event www.hse.ie/sunsmart

Information materials

You can download information materials and resources for outdoor workers at the links below

- [SunSmart Outdoor Worker Infographic](#)
- [SunSmart framework for skin cancer prevention in outdoor workers](#)
- [SunSmart UV Exposure Risk Assessment for Outdoor Workers](#)
- [SunSmart audit tool for skin cancer prevention in outdoor workers](#)
- [SunSmart sample solar UV protection policy for outdoor workers](#)
- [SunSmart solar UV protection policy for outdoor workers checklist](#)
- [Summary report of literature review to identify the outdoor occupations with the greatest exposure to solar UV radiation](#)
- [ICS SunSmart Outdoor Workers leaflet](#)

Further information materials on the SunSmart campaign and fact sheets are available on www.hse.ie/sunsmart or email prevention@cancercontrol.ie with your request.

Thank you for your support